

NEWSLETTER

JUNE 2011



From Our Campus Manager:

Summer is almost here, and do you know what that means? It means that Summer Camps are getting ready to get underway here at Community Youth Center. CYC has some exciting new camps this year, such as Camp FUN (Fitness and Understanding Nutrition) and Arts and Crafts camp. There are over 30 camps to choose from! Space is limited, so sign up now!

Although camps are a major focal point for CYC during the summer, our regular programs continue as well. Classes run as with the rest of the year, and many CYC competitive teams go into high-level national events. Wrestling just hosted Junior Greco World Duels with over 100 participants coming from all over the United States as well as some teams from Sweden, Norway and Germany. This is part of our cultural exchange program that allows CYC members to meet new people and show our guests around beautiful Northern California.

Summer also means that it is almost time for one of our major corporate events, the 2011 CYC Golf Challenge which takes place at Orinda Country Club on August 29. This is a great way for you or your corporation to help support CYC. For sponsorship or foursome information, please contact Gina Longmire at (925) 566-7566.

Thank you,
Matt Martin

UPCOMING EVENTS

6/5 **Gymnastics Awards Banquet**
6/6 - 6/9 **Public School Spring Finals**

6/8 **Scott's Boxing Show**
6/16 **Judo Promotion**
6/24 **Movie Night**

Academic Excellence

The Academic Excellence Program was busy this month as students finished the academic year strongly.

Congratulations to the graduating seniors for all their hard work and success! With the academic year coming to a close, summer is just around the corner. This summer AE is offering five summer camps, including Leadership Camp, Animal Camp, Food and Art Camp and an arts and crafts Camp for preschoolers as well as a College Essay Writing Workshop.

During Animal Camp, students will have the opportunity to learn about and see domesticated as well as wild and local animal communities. Campers will take an exciting field trip to the San Francisco Zoo where they will have a guided, behind the scenes tour, and campers will

have the opportunity to see giraffes and koalas up close! At Food and Art Camp students will participate in various activities, using and strengthening their creative and technical imaginations. Campers will take a field trip to the local farmer's market and will be able to practice their cooking skills. Leadership Camp will teach students important life skills and introduce them to new experiences. Arts and Crafts Camp is a great, half-day camp for preschoolers, focusing on crafts and educational games for kids ages 4-6. During the College Essay Writing Workshop, incoming seniors will receive one-on-one help with their college essays and applications. Space is limited, so register today! For more information, please contact Anna Salem at asalem@cycmail.org.

Student of the Month: Princess Barco

Academic Excellence Student of the Month is Princess Barco! Princess is a junior at California High School and a long time CYC member! Princess is a friendly face in the AE room, and she is always willing to help and encourage other students. She is a dedicated student who spent multiple weekends in AE this semester as she prepared for the SAT Test by enrolling in AE's SAT Review Course. Congratulations Princess!



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Boxing

An impressive month for the Boxing Program, many athletes made great achievements recently. On Wednesday, May 18 Jose "Fluffy" Delgado was honored at the annual Cal High Shorts Awards Banquet. He was presented with a scholarship for his education. Also, the competitive team is getting ready for the upcoming events at Scott's in Oakland, USA Regionals and Nationals. Eric Altamirano will compete on May 28 in Fresno at the USA Regionals. If he wins his bout, he will advance to the USA Men's Nationals in Colorado Springs

from June 20-26. The top two competitors at nationals will qualify for the Olympic trials.

Luis Escudero won his last bout, bringing his record to an unbeaten 3-0. When he started competing, he was in the 165 lb. division, and after many months of hard work, he has started to compete at 119 lbs. For his hard work and dedication to boxing, he is the Boxing Athlete of the Month. Congratulations Luis!



Student of the Month: Luis Escudero

Cheerleading

Having completed the 2010-2011 season, the Cheerleading Program is now preparing for the upcoming year. All teams are getting ready for new skills. Tryouts for the competition teams are on July 23. We are looking forward to seeing many



new faces along with our loyal returning cheerleaders. If you have any questions about tryouts, please contact Head Coach Nicolle Tissot. We are happy to welcome new athletes as we have spaces available at all levels.

We are also excited about upcoming cheer camps. The first camp runs June 13-17, and the second camp runs June 26 to July 1. Cheerleaders will be learning a dance and a cheer, along with instruction in both stunting and tumbling. These camps are full of fun activities and are often a great learning experience for both new and returning athletes. Cheerleaders will be able to participate in various arts and crafts activities, each one being a memento for the athletes to take home. As an added bonus, coaches will be handing out ribbons to each athlete signifying their hard work throughout the day. There is space available and you can sign up now.

Student of the Month: Monserat Lopez

If you would like to join in one of our new programs or practice with one of the competitive teams, please consult the cheer staff, and contact Nicole immediately if you want to participate over summer.

Recreational cheer has also been busy, and the beginning cheerleaders are fantastic to work with. They are gaining skills and are exciting to watch. Intermediate classes are getting larger, and their focus is developing. Thank you to all who have contributed to our program, and have a great summer.

Cheerleading Student of the Month is Monserat Lopez. She has been working consistently since the end of last season, and her flying has never looked better. Her attitude is always positive and enjoyable, and we are glad to have her lovely personality and impeccable skills as a part of the program.

Dance

A big congratulation is in order for all of the dancers and parent volunteers who participated in this year's Spring Showcase! Each and every dancer did a fantastic job and completely charmed the nearly sold out performance. And to our parent volunteers, thank you for doing a great job lending your time to make the show run smoothly.

With the Spring Showcase behind us, it's time to look forward to summer dance camps. There are still spots available in our pre-school camps which run during the month of July. These camps are filled with fun, dance, games and craft time.



SDC and JSDC students have their own specific camps running during the month of June; all SDC and JSDC members

Student of the Month: Jennifer Barbanica

should make sure to sign up! All the dance instructors are looking forward to spending some quality dancing time with students, and we hope to see you there!

Dance Student of the Month is Jennifer Barbanica. Jennifer has really been excelling in her jazz class, and she was a vital part of the Spring Showcase. She is a reliable, polite and easy-going student who always has a smile on her face. She is also an excellent role model for the other dance students. Great job Jennifer, keep up the good work!

Gymnastics

There have been a few changes to the Gymnastics Program here at CYC. Aussie Ramos, coach and registration coordinator, is no longer working here with us. She has been studying to be a medical



Judo

Judo students are practicing hard to prepare for the next promotion test on June 23. All judo students are encouraged to pre-register now for judo summer camp to be held on August 8-12. To register for the camp, please visit the front desk. CYC members may also enroll online by logging into your account at: <http://activenet14.active.com/communityyouthcenter/>.

The CYC judo team won three medals at the Santa Clara PAL Invitational Judo Tourney on May 15. Amit Elor captured a gold medal again, and Richard Vidal won a bronze medal in the junior division. Two volunteer coaches, Alexis Becerra and Ronny Elor, showed their best efforts in

Rhythmic Gymnastics

The rhythmic team traveled to Thousand Oaks for regional championship. The team did an incredible job! Olga Sigmundson placed first on hoop, second on clubs and floor and third all around. Olga Novitchkova placed third on rope and clubs and fourth all around. Harmony Nichols placed fourth on each event as well as all around. This is a great achievement for the girls for a regional championship, especially considering the large number of athletes that participated. Congratulations girls!

Student of the Month: Mina Gradizi

assistant, and now that her schooling is done, she is starting a new career. We are going to miss Aussie, but we want to wish her well in her new profession. Michele Horn will be taking over registration for the CYC Gymnastics Program. From now on, if you have any questions about registration for the gymnastic classes at the CYC, you can contact Michele at mhorn@cycmail.org. Michele has been with us for a long time and can help with any piece of the registration process.

The gymnastics summer camps are coming up, and if you have been on a waiting list for a gymnastics class, there are openings now in camps. There is a limit of 30 kids per camp, so you must

sign up early if you want a spot!

Gymnastics Student of the Month is Mina Gardizi. Mina has spent some time on pre-team, working hard to get all of her skills. And all of that persistence has paid off. This past month Mina received her last few skills which she needed to become part of the level 4 competitive team. She has shown that with work hard and dedication, things are possible. We are proud of her determination and looked forward to her competition this fall as part of our level 4 team. Congratulations Mina!

Student of the Month: Desiree Tafao-Braganza

their respective senior divisions. Ronny Elor won a special gold medal in the senior novice, heavy weight mixed exhibition division. Please note that there is no mixed (male and female) division in Judo. A special exhibition division was granted for this tourney!

Judo Student of the Month is Desiree Tafao-Braganza. Desiree has been very helpful with younger students when she practices randori (free-sparring). She embodies the CYC tenants of discipline, dedication and desire. She has the discipline to practice regularly, the dedication of seldom missing a class and the desire to better her judo. Desiree is a pleasure to have as a judo student, and we wish her all

the success in the future. Congratulations, and keep up the good work!



Student of the Month: Gabriela Rodriguez

The next event is the national championship that will take place in Orlando, Florida at the HP Field House ESPN Worlds of Sports Complex which starts June 2. It will be an incredible and exciting event with athletes from all over the world. The recreational program is doing great as well. All classes are at maximum enrolment, and the attendance of students has been incredibly consistent.

Rhythmic Gymnastics Student of the Month is Gabriela Rodriguez. Great job!



Sport Specific Conditioning

SSC received the first check from the Jamba Juice program. The SSC Program receives a portion of proceeds when you use select Jamba Juice community cards. If you have one, please continue to use them, and if you don't have one, see coach J. This summer SSC is hosting Camp F.U.N. This camp offers many extra-curricular activities not normally associated with any past SSC camps; for example, bike riding and rock climbing will be a part of this summer's camps. There will be six installments of this camp, and space is very limited. Please see Summer Camp

Taekwondo

The tournament sparring team has been very successful in recent competitions, most notably the AAU State Championship in San Francisco on May 7. Out of seven competitors from CYC, there were gold medals from Alexander Vazquez, Giovanni Rodriguez and Giovanni Zarate, silver medals by Jhonathan Zamora, a bronze by Fernando Zarate and Sahar Alcozai and finally a bronze in the poomse division by Isabelle Dizon. This was a very satisfying result for the team at their first official state level competition. Just one week later they competed at another event, the Golden Gate Championship in Vallejo, and Yuisman Vega and Ryan Ducker came home with, and Leo Rivas and Robert Ducker came home with

Wrestling

At the beginning of May the CYC wrestling team sent 25 wrestlers down to the Kids Greco Roman and Cadet Freestyle State Championships in Fresno, CA. In their respective divisions, all 19 students that went placed in the top 6 of their



Director Anna Salem or Coach J for details.

The next taekwondo mile runs are set for June 3 and June 10, both at 4:00 pm sharp in the weight room. Get here on time and ready to go so you can be prepared for your next promotion test.

SSC Student of the Month is Alexis Diaz. Alexis has been very consistent with his attendance, and he also completes his workout every time. Congratulations Alexis!



Student of the Month: Alexzander Vazques

bronze.

We have a large number of green belts right now who should be ready to test for blue belt; however, they have not completed their physical fitness test. This is an important part of TKD training and should not be neglected. Some people



pass easily while others need to put in a little extra work to get into better shape. In either case, you need to get it done! No matter what, you benefit from doing the work. And we need the green belts to move on up - dont forget, there are purple belts getting ready to test, and they will need to move into the green belt class, so move on up the ladder and make room for the next student behind you.

Congratulations to the June Taekwondo Student of the Month, Alexander Vazques, California State Champion, green belt boys age 8-10!

Student of the Month: Stephen Ramirez

weight class, and seven of them were state champions. Notable performances were Stephen Ramirez and Nathan Cervantez who have both won the folkstyle and greco state championships. That means that if they win in the freestyle state championships in June, they will both win California's coveted Triple Crown award. CYC also won the team titles in the novice (11-12 years old) and schoolboy (13-14 years old) divisions for the second year in a row. Additionally, CYC won the cadet freestyle team title with 3 wrestlers bringing home medals.

In June there will be two tournaments for the elementary and middle school wrestlers. They will be traveling to

Fresno for the Freestyle State Championships set to take place June 3-5. Then, June 20-30, they will be traveling to the Western Regional Championships in Pocatello, ID as well as to the National Championships in Orem, UT. These will be by far their toughest tournaments of the year. They will be facing the toughest competition from across the US for a chance to become national champions.

Wrestling Student of the Month is Stephen Ramirez, K5 advanced wrestling class, for winning both the folkstyle and greco state championships.