

# NEWSLETTER

## JULY 2011



### SUMMER CAMPS

Summer camps are rolling! The Academic Excellence camps have been awesome, Dance camps and Cheer have been great, SSC's Camp FUN is doing excellent, and Activity camps are moving along swimmingly. The program specific camps are also getting going with Gymnastics, Wrestling, TKD, Judo, Rhythmic and others still open for enrollment. All these camps are reasonably priced and offer quality, experience and opportunity to which other facilities cannot compare! There are so many opportunities this summer, so sign up now, as space is limited throughout the rest of the summer. This year has been productive, educational, healthy and fun for all campers, and we will continue moving at the same streak.

### UPCOMING EVENTS

- |          |   |          |  |
|----------|---|----------|--|
| 07/09/11 | Judo Carwash, 76 Station Willow Pass Rd | 08/13/11 | Concord Cup Boxing                       |
| 07/09/11 | TKD Clinic with Master Shin             | 08/26/11 | Movie Night                              |
| 07/09/11 | Cheer Clinic                            | 08/29/11 | CYC Golf Tournament, Orinda Country Club |
| 07/11/11 | Cheer Team Parent Meeting               | 09/10/11 | CYC Fall Classic                         |
| 07/15/11 | Kids Night Out                          | 09/15/11 | Judo Promotion                           |
| 07/23/11 | Cheer Tryouts                           | 09/16/10 | Kids Night Out                           |
| 07/25/11 | TKD Promotion Test                      | 09/26/11 | TKD Promotion Test                       |

### Academic Excellence

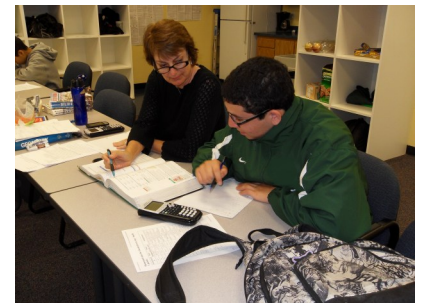
Summer has started, and the AE Program has moved into its summer schedule. The large AE room in building two is available for all students from 3:00-6:00 on Monday, Tuesday, Thursday and Friday. However, on Wednesday, the little AE room in building three will be available for students during the same hours. There are games, crafts and additional reading and homework materials available. While summer is a time for youth to relax and have fun, we can develop study materials for them this summer. If you would like your student to focus on math because of low-grade scores or if you would like them to hone their handwriting or vocabulary to be prepared for next year, please talk to Ben Newton in the AE room or via email at [benewton@cycmail.org](mailto:benewton@cycmail.org). We can set up a routine for them between their classes and provide useful materials to prepare them for the upcoming school

year. AE also provides tutoring services to those students attending summer school.

Also, the first AE summer camp, Animal Camp, was a great success. Students learned about various wild animals and were able to visit the San Francisco Zoo at the end of the week where they were able to pet and feed giraffes and koalas. Also, Food and Art camp went very well. Students developed their own recipes, shopped at the farmer's market at Todos Santos Park and made their dishes which all campers got to share. Coming up there is also a preschool Arts and Crafts camp which is only from 9 am- 12 pm and provides various crafting opportunities as well as games. AE is also offering a College Essay Writing Workshop, where incoming seniors will receive one-on-one help with their college essays and applications. For more information contact Anna Salem at

[asalem@cycmail.org](mailto:asalem@cycmail.org).

Academic Excellence Student of the Month is Claire Casaus. Claire has been in both AE camps, and she has been a respectful participant, a solid group leader and pleasant to be around. She has been a regular AE room student who has worked well with others and is setting a good example for other students from camps as well as our regular students. Thanks Claire!



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## Boxing

The CYC boxing team competed in Oakland, CA on June 8 at Scott's Seafood Restaurant. The team competed in 7 of the 11 bouts on the card. The athletes competing in the show were Joseph Burton, Nick Atencio, Brandon Vasquez, Kevin Montano, Luis Escudero, Eric Montano and Eric Altamirano, and the team went undefeated.

The kids are working hard now in preparation for the Desert Showdown in Coachella next month. CYC will be sending 16 boxers to compete in the event. This is the largest team in CYC boxing history! Head Coach Gary Sullenger just returned from



coaching the Pacific Regional team at the USA Men's Nationals where the regional team came away with a gold medal in the lightweight division and a silver in the super heavyweight.

Boxing Student of the Month is Carely Campechano.

## Student of the Month: Carely Campechano

## Cheerleading

During the month of June the Cheerleading Program has been busy. We are working hard on new things for the coming season starting in July. Many new cheerleaders have joined the competitive program this month, and they have been all doing an amazing job catching up and learning the system in CYC cheer. We are also very proud of all returning students as they have been helping out the new cheerleaders.

The Cheerleading Program is going to be having a tumbling clinic for all cheerleaders that want to improve their skills and learn new ones. The clinic is being

held on Saturday, July 9 from 1:00-4:00 for ages five and up. The cost of the clinic is \$20. For more information you can contact Kim Garcia at [566-7565](tel:566-7565).

Also the recreational program has been doing great as students are learning new skills and the classes are acquiring new students. Competitive cheerleading tryouts will be July 23 with a mandatory parent meeting on July 11 at 7:00. If you would like more information on the cheerleading tryouts, please contact Nicolle Tissot at 671-7070, ext. 207. All levels are welcome

and we have a team for every child. Hope to see you there!



## Student of the Month: Tauria Helmantoler

## Dance



The Dance Program is heating up this summer with many dance camps and ac-

tivities. The SDC and JSDC groups completed their week long, intensive camps in June and performed variations from Paquita, Sleeping Beauty and original choreographic work by the dance staff. These dancers deserve a pat on the back for beating the heat and working hard during the camps. Pre-school camps start July 5 and run through the end of the month, and there are still spots available! These camps include ballet, jazz and musical theater dance, as well as dance history and crafts. We're looking forward to seeing you soon!

Dance Student of the Month for July is

Ebonie Smart. Ebonie is a member of the SDC group, and she not only attended SDC dance camp, but also attended Leadership camp and is an active JRL this summer. She was a friendly and helpful leader to students in our JSDC camp and handled her many responsibilities and activities with maturity and a smile. Great job Ebonie, and keep up the good work!

## Student of the Month: Ebonie Smart

## Gymnastics

We are in our summer session, and a lot of the kids in the morning classes will have to move to afternoon classes for the fall session. Make sure that you still priority register your child for the class they are in now so that you can save their spot. If



## Judo

All judo students are encouraged to pre-register now for the judo summer camp to be held August 8-12. To register for the camp, please visit the front desk at CYC. Also, CYC members may enroll online by logging into your account at: <http://activenet14.active.com/communityyouthcenter/>

Congratulations to many dedicated judo students who have passed their respective promotional rank testing on June 23. Amit Elor and a volunteer coach Ronny Elor went to the 2011 California State Judo Championships in San Francisco. However, both contestants opted to withdraw from the competitions due to the lack of participants in their respective division. July's Judo Student of the Month is

## Rhythmic Gymnastics

The Rhythmic Program just finished the competitive season with great success. We went to Orlando Florida for the National Competition, and Olga Sigmundson finished third on rope, on floor and all around. This is an amazing accomplishment as Olga has been training for not more than two years and that she was competing against girls that have been doing rhythmic gymnastics for four or five years. So we are very proud of her as well as the results of the rest of the team. It's been a very successful year for all the girls as they have won numerous medals in invitational competitions and state and

## Student of the Month: Shiloh Striemer

you don't priority register your child for their present class and you do not get the transfer class, they will be dropped and you will need to register them for gymnastics all over again. When transfer period comes, email Michele Horn at [mhorn@cycmail.org](mailto:mhorn@cycmail.org) early Monday morning of the transfer period. Requests are accepted on a first come, first served basis. Make sure you give three choices to which you would like your child to transfer. You will receive an email confirming the registration of the new class if the transfer is accepted. There are a limited amount of openings, and if you do not get an email, your transfer was not accepted. If you have any questions about the acceptance

of your transfer, you can email Michele.

The next Kids Nite Out will be July 15. Have your kids come join the fun. They will spend time doing games and gymnastics. We provide pizza for dinner and FUN! Space is limited so sign up now!

Gymnastics Student of the Month is Shiloh Striemer. She works very hard and doesn't give up until she achieves her goal. She recently worked for months to get her seat drop and just a few weeks ago, she finally got it! We are extremely proud of her. Her coach says, "She is one of the most determined gymnasts I know. She is an inspiration to me as well as to her fellow gymnasts". Congratulations Shiloh!

## Student of the Month: Alexis Becerra

Alexis Becerra. Alexis has been demonstrating the three main values of CYC: Discipline, Dedication and Desire. He has the discipline to practice regularly, the dedication to seldom miss class and the desire to better his judo. He has shown a good improvement with his break-falls and the regular free-sparring skills. Alexis is a pleasure to have as a student, and we wish him all the success in the future. Congrat-



ulations, and keep up the good work!

## Student of the Month: Olga Sigmundson

regional championships. The girls are already training for next year, and they are very excited to learn new elements, new equipment handling and tricks. We want to congratulate the team for such a successful year, their hard work and dedication.

We want to encourage everybody to attempt rhythmic summer camps. It is a great way to learn and get involved in the sport and program. The first camp is July 11-15, and the second is August 1-5.

The recreational program is doing incredible too. All classes are completely



full and the attendance has been excellent.

Rhythmic Gymnastics Student of the Month is Olga Sigmundson.

## Sport Specific Conditioning

Hello all! Camp FUN is under way. This camp is full and includes tons of activities. We rock climb, bike ride, do basketball and tennis, not to mention all the regular SSC activities. SSC will be putting on Lap-A-Palooza in August this year. Be prepared to participate. Olympic and Slack Line classes have filled and are now waitlisted, so please continue to show up if you want to reserve



## Student of the Month: Amit Elor

your spot. All is well, were looking forward to a great summer. SSC Student of the Month is Amit Elor.

## Taekwondo

The TKD teams are now in summer session, meaning that there are no tryouts or other special requirements to come to practice. If you are interested in checking out the teams, you can just register the same way you do for any other TKD class. In the fall we will start up the competitive season again and there will be more strict requirements for membership on the teams, but for the summer, it's your chance to give it a try without a big commitment. Just register at the front office and start attending.

Don't forget about summer camps! We have TKD camps the weeks of July 18 to

22, and August 1 to 5. Camp attendance will count a lot toward your belt promotion eligibility. They are fun and you learn a lot, so get signed up without delay.

Taekwondo Student of the Month for July is Daniel Perez.

## Student of the Month: Daniel Perez



## Wrestling

The month of June marked the end of the kids, 14 and under, freestyle and greco wrestling season. June 3-5 CYC sent 27 wrestlers down to the Kids Freestyle and Cadet/Junior Greco State Championships in Fresno. Of those 27 wrestlers, 20 came home with medals. In the 7-8 year old division Stephen Ramirez placed first. In the 13-14 year old division CYC had 5 wrestlers place and won the team title. This year the schoolboy wrestlers won the freestyle and greco state team titles and placed second in Folkstyle. This was the most successful year ever for the CYC at this age group. In the cadet greco division Jon Jay Chavez placed first. The junior greco wrestlers won the state team title as well with Orry Elor and Abel Robles placing first, and two wrestlers finishing second.

The CYC also hosted the annual Greco

World Duals Tournament last month with teams from the USA, Germany, Norway and Sweden coming to compete. The CYC team finished second place behind Oregon. The CYC wrestlers fared very well in the individual competition as well, with one third place medal, two second place medals and four champions.

In July the CYC Wrestling Program will be having an elementary camp July 5-8 and an all-comers camp for all ages and levels July 18-22. These camps are a great opportunity for kids to try out wrestling, as well as for experienced wrestlers to learn new skills.

Wrestling Student of the Month is Sam Mudriyan who just passed his light blue test, advancing him into the K5 intermediate class.

## Student of the Month: Sam Mudriyan

