

JUDO



Student of The Month is Levi Meahan he was instrumental in getting the Martial Arts Center ready for its grand opening. Levi placed all the mats set in place perfectly. Levi also showed great leadership and dedication by teaching classes during the holidays in December.

Ethan Svuba won a silver medal at the December 3 CCSF Invitational at City College of San Francisco. Good efforts by Christian Melo, Nathan Sanchez and Hayg Astourian.

Upcoming events: February 11 San Jose Buddhist Judo Club Tournament.



TAEKWONDO

Our new Dojang is shaping up with new kicking bags and other new equipment being added. We will be making some changes to the class schedule soon in order to use the new space more effectively. We have a new assistant instructor, Levi Meahan, who is one of the senior students, and now a CYC staff member. We will now be able to have separate classes going on simultaneously, with two instructors on the mat. We have a curtain divider to separate the classes, which makes it easier for the students to stay focused and concentrate. While it would be nice for the parents to be able to watch the classes on the far side of the curtain, it is better for the students' training to have the divider. We appreciate your understanding.

WRESTLING



Team News: High school wrestling continues into January, the heart of the season. There will be a BVAL dual match and a tournament almost every week from here on out. On December 16 our middle school wrestlers participated in the Tournament of Champions at Independence High School in San Jose, CA. In a close finals match Jesse Baldazo finished second and Joey Moita and Lucas Sheridan placed third. Johnny Merryfield placed 5th and Tyler Sheridan 6th at the North Torrance TOC on December 29th in Norwalk, CA.

General News: Wrestling program continued with another successful month in December. Over the Christmas break the high school wrestlers trained twice a day at the CYC. Classes showed a slight decrease over the break most likely due to families going on vacation. However, Saturday classes showed improvement due to the De La Salle team coming in and training. Student of the Month: Skyler Kaplan - Middle School Wrestling

A NOTE FROM THE CAMPUS MANAGER

Happy New Year everyone! Another successful year in helping kids is complete. 2006 proved to be the busiest year in CYC history. If you are a fan of statistics, you might really enjoy the following facts about CYC. In 2005 the CYC experienced roughly 28,000 visits by 1,400 different kids. In 2006 there were roughly 39,500 visits by more than 1,600 different kids.

The CYC will host its 2nd Annual Awards Banquet on Tuesday, January 16. The event will once again highlight accomplishments by outstanding CYC members. Award winners are invited at no cost to attend the banquet in their honor. Parents and adult family members may purchase tickets at \$15.00 per person, which includes the price of admission and dinner. Tickets are \$5.00 for youth age 18 and under that are not CYC members; however CYC members' are free. Please RSVP to Kathleen Gallagher at 925.671.7070 ext. 209 for tickets or to confirm attendance for award winners.

EXECUTIVE STAFF

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COMMUNITY YOUTH CENTER CHRONICLES

January 2007

ACADEMIC EXCELLENCE



The Wall of Fame is up and looking beautiful. We encourage you to come in and look around. Also please submit any work that you are proud of that you would like to display on the wall.

BOXING

Christal Barajas is the Student of the Month for winning the California State Silver Gloves Championships in Long Beach. With this victory, Christal advanced to the Western Regionals in Norwalk on January 4-7, 2007.



ATHLETES OF THE MONTH

ACADEMIC EXCELLENCE
GABBY MEJIAH

BOXING
CHRISTAL BARAJAS

CHEER
VIDA BARCO & JAYDA BELL

DANCE
MARIANA ESCOBAR

GYMNASTICS
SOFIA NIEWSMA

JUDO
LEVI MEAHAN

RHYTHMIC GYMNASTICS

**SPORT SPECIFIC
CONDITIONING**
REID PERRY

TAEKWONDO

WRESTLING
SKYLER KAPLAN

CHEER

Come and support the CYC competitive cheerleading team. The team is going to be competing on February 10 at the Sacramento Convention Center. Ask Coach Mullarkey for details if you wish to go and support our team. The cheer program will also be adding new classes in February, so keep an eye out for the new schedule. The cheerleaders of the month are Vida Barco and Jayda Bell. Both girls are exceptional workers and never give up. They have been working for many months to achieve their back walk-over and kick-over. This month, Vida mastered her back kick-over and Jayda her back walk-over. Awesome job girls and keep up the good work!



DANCE

The dance Student of the Month is Mariana Escobar. Mariana participated in our Holiday Show as a flower in The Nutcracker. She was an excellent example of discipline, learning her part quickly and practicing diligently. Great job Mariana!



The dance program had a very exciting December! Our Holiday Show was a huge success, with over 200 attendees and 50 participants! I'm so proud of each and every one of the dancers. You were all beautiful and did a fantastic job! DVDs of the show are on sale for \$5. Please see Katrena if you'd like to purchase one. Since our Holiday Show was such a success, we will be putting on another show in the spring. Keep an eye out for announcements; we will be getting together soon to discuss plans for the spring. The New Year will be an exciting one for the dance program. We're continuing to grow and we will have many opportunities to perform and improve our program. Here's hoping you have a wonderful New Year filled with dance!

GYMNASTICS

The Gymnastics program went through many changes in 2006 and we are looking forward to an exciting 2007. Themed weeks have been the main focus for gymnastics, and once again I would like to touch on that subject. I have received a lot of positive feedback, so we are taking it to a whole new level. We will now be introducing music and rewards related to the themes. Any comments or ideas for themes are always welcome and encouraged. Hope the holidays brought you many joyful hours with your children and family members and that 2007 brings you much happiness. The Student of The Month is Sofia Niewisma. Congratulations to Sofia and all the gymnastic students. Keep up the great work and have lots of fun in the new year.



RHYTHMIC GYMNASTICS

The CYC Rhythmic team had its first show for this competitive season in mid-December at The Big C Athletic Club. It was a great success as everybody enjoyed the girls performances. Our team is getting ready to leave for the first competition of the new year on January 5 in San Diego. Good luck girls!



SPORT SPECIFIC CONDITIONING



Wow! December was the craziest month since the summer. Normally the first two hours of the day are busy in the weight room, but during the break many kids, especially the high school students, kept the room full. We have gotten many new students this month that are very dedicated to the SSC. 2006 was great as the SSC grew by leaps and bounds. The daily attendance has gone up by five or more kids. We are going to get new equipment and hopefully I will see more of you in the weight room. Let's make this the best year ever!

COMMUNITY YOUTH CENTER CALENDAR



January 2007

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--------------------------------|----------|--------|----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 Martin Luther King Day CYC is open | 16 2nd Annual Awards Banquet 6:30 p.m. | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 Taekwondo Promotion Test | | | |

COMMUNITY YOUTH CENTER, CONCORD CAMPUS

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www.communityyouthcenter.org

HOURS OF OPERATION:

Administrative:

9:00 am - 6:00 pm, M-F

Customer Service:

3:00 pm - 8:00 pm, M-F

9:00 am - 2:00 pm, Sat.

Programs:

3:00 pm - 9:00 pm, M-F

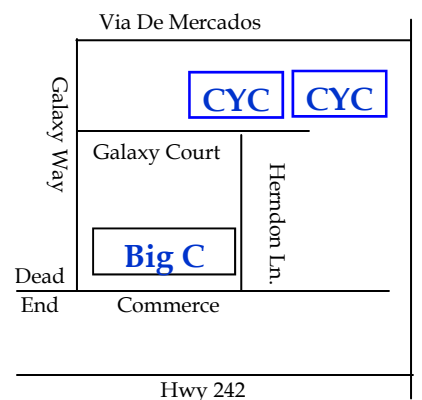
9:00 am - 2:00 pm, Sat.

Please see the individual program schedules or Customer Service for additional details on competition dates and events.

Remember to check CYC lost and found for any missing items. Contact Angela Panetto at ext 203.

Remember that CYC monthly dues are due on the 1st and are past due on the 15th of every month. For further information, contact Angela Panetto at ext. 203.

Community Youth Center is a Non-Profit 501(c)(3) Corporation: Federal Tax ID 68-0358005, specializing in sports and academics for children 4 - 18 years of age. Our mission is to maintain an environment, comprised of facilities, staff and volunteers that guarantee young individuals a chance to develop and grow in athletics, academics, and life. Deliver this service with a high level of encouragement, support, structure and discipline, in a safe, rewarding and positive manner.



CUSTOMER SERVICE STAFF

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- Ingrid Almaraz** Ext. 213 Email: ialmaraz@cycmail.org
Gymnastics, Rhythmic Gymnastics, & Wrestling Registration
- Brandon Breining** Ext. 212 Email: bbreining@cycmail.org
Sport Specific Conditioning Registration